



**At Home on the Sound Aging in the Community Series:**

## **Baby Boomers.....What's Next?**

**Wednesday, February 22, 2017**

**3:00 pm**

*At Home on the Sound* is pleased to offer the second in a series of free programs designed to provide a roadmap for modern aging.

**This program will cover the little-discussed perks of growing older.**

With improved health care and longevity, we can expect our retirement years to span two or three decades. Are you making plans for how to spend that time? Come and learn about the many fulfilling, exciting, and worthwhile resources and volunteer opportunities available in our community.

### ***Presenters***

Presenter Elaine Weingarten, LMSW, is the director of At Home on the Sound, a local grassroots organization dedicated to improving the quality of life for adults age sixty and older who choose to live in the Larchmont-Mamaroneck area. We provide an array of individualized services and group activities designed to enhance their comfort, safety, and connection to the community. We will also hear from DOROT of Westchester, an agency working to alleviate social isolation among older adults and providing services to help them live independently, we will give an overview of the programs and services DOROT offers throughout Westchester, including Friendly Visiting, Holiday Package Deliveries, University Without Walls, Telephone Friends, Lasting Impressions and Intergenerational Chess. Join us and learn more about how you can help brighten an older adult's day, or have your day brightened!!!

- For more information: Elaine K. Weingarten, LMSW, Executive Director, At Home on the Sound, 545 Tomkins Ave, Mamaroneck, NY 10543  
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- Patricia Cipora (Cippi) Harte, LMSW, Director, DOROT Westchester - Generations Helping Generations, [PCHarte@dorotusa.org](mailto:PCHarte@dorotusa.org); <http://www.dorotusa.org> (914) 573-8906.

Series sponsored by WJC's Social Action, Bikur Cholim, Adult Education, and Brotherhood Committees. For more information about this WJC series of programs on aging, contact WJC Rabbinic Intern, Jama Purser: [jama@wjc.org](mailto:jama@wjc.org)



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