May 2016 Highlights
1 Brotherhood Brunch – 9am
Yom HaShoah Program – 10:15am
8 No RS (3rd-6th Grade)
Renewal Service - 7pm
9 Israeli Dance Class – 7:30pm
11 Creating Mandala Art for Adults – 7:30pm
12 Final Day RS (6th Grade)
15 7th Grade Program (Out) – 5pm
15 Rhythm & Ruach – 7pm
15 Yom Ha’Atzmaut Celebration – 4pm
16 Israeli Dance Class – 7:30pm
17 No ECC
18 Final Day RS (2nd-5th Grade)
Cantorial Celebration – 7:30pm
19 Israel Conversations – 7:30pm
21 Contemporary Service – 10:15am
22 Nava Tehila Concert – 5pm
23 Israeli Dance Class – 7:30pm
30 Memorial Day
Office Closed

Youth & Teen Programs
1 Rosh Hodesh Group – 5pm
3 Teen Tuesday – 3pm
15 Gan Family Program – 10am
22 Gan-Alef End of Year Celebration
7th Grade Program (Out) – 5pm

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WJC Commemorates Yom HaShoah Poland & Memory of the Holocaust

Sunday, May 1, 2016 10:15am

*Professor Michael Steinlauf of Gratz College to Review the History of Jews & Jewish Memory in Post-WWII Poland
*Dr. Mark Russ will share his family’s story of remembrance and discovery

Join us as WJC’s Holocaust Learning Center commemorates Yom HaShoah with a special presentation on Poland and Memory of the Holocaust: How witnessing and remembrance shaped a country’s history and consciousness.

Dr. Michael Steinlauf, Associate Professor of History at Gratz College, and author of the book: Bondage to the Dead: Poland and the Memory of the Holocaust, will examine the history of Jews and Jewish memory in Post-World War II Poland and the situation today. He will touch on topics ranging from Jewish communities in Poland, past and present, to the annual Jewish Culture Festival in Krakow, the new Warsaw Museum of the History of Polish Jews and the emergence of Polish institutions as centers for Yiddish and Jewish studies.

WJC member Dr. Mark Russ will present a moving story of remembrance and discovery from his family’s recent trip to Poland.

Before we Commemorate Yom HaShoah
Have Breakfast with the Brotherhood

“Reflections as AIPAC President”
Featuring WJC Member and Outgoing National AIPAC President Bob Cohen
Sunday, May 1, 9am @ WJC
(8:30am Minyan, 9am Bagel Breakfast, 9:15am Program Start)

The Brotherhood is honored and excited to present one of our very own, Bob Cohen, who as president of the American Israel Public Affairs Committee or AIPAC, recently addressed 18,000 delegates to the annual Policy Conference.

Join us for breakfast and hear first-hand from a true pro-Israel insider, a mensch and a longtime friend of the WJC Brotherhood. Topics up for discussion will include the elections, Trump, nuclear Iran and the status of Israeli-Palestinian negotiations.

During his tenure as AIPAC president, Bob has met with Prime Minister Netanyahu, President Obama, former Secretary of State Hillary Clinton and presidential candidate Donald Trump.

NOTE: THIS IS NOT AN AIPAC EVENT – THIS IS A WJC BROTHERHOOD EVENT

Questions: Contact Brotherhood Co-Presidents, Stu Seltzer at stu@seltzerlicensing.com or Robin Nazarzadeh nnazarzadeh@hotmail.com

The deadline for content submission for June is May 6th @ communicationdir@wjcenter.org
From the Clergy
RABBI LOREN MONOSOV

Thank You and L’heitraot!

I have written this month’s column many times in my head, but putting it down on paper has proven to be much harder than I imagined. I have shared the privilege of writing the Rabbi’s Column of the Review for the past four years with Rabbi Segelman and some months have been easier to write than others. This one seems to be the most challenging, knowing that this is my last for the Review.

It has been a privilege to be a part of the Westchester Jewish Center Community. Jeremy and I moved to Mamaroneck almost six years ago. We were not sure what being a married, young couple, living in Mamaroneck would be like. We wondered if we would fit in, especially at that time, we were the youngest new members of WJC. In truth, we did not wonder long. You welcomed us and a few years later you welcomed our daughters into the WJC community. You showed us around Mamaroneck and Larchmont, you welcomed us to your Shabbat tables and homes, you played poker with us, went running with us, spent many Saturday mornings at Torah for Tots with us, davened with us, and had many play dates together. You welcomed us into the WJC family over the years and helped our daughters know that the synagogue was their second home. Thank you!

As you welcomed my family and me to the community, you allowed me to be one of your rabbis. We davened day in and day out, Shabbat in and Shabbat out, together. We learned together and even connected “I Love Lucy” to Judaism. We celebrated together and cried together. We have sat in silence together. You entrusted me with your children and allowed me to learn with them and introduce them to the wonders that Judaism and the WJC community has to offer. We experimented together and had our first musical Shabbat services (Kabbalat Shabbat and Saturday Morning services) together. You dreamed with me and helped to bring the High Holiday Family Experience to WJC. You taught me what it means to be a rabbi in a holy community. Thank you!

It has been an incredible experience these past many years. Each time I have walked through the doors of WJC and through the hallways of the building, I know that I have been blessed to be a part of the community. Over these past several years, I have had the privilege of knowing that WJC was truly our second home. I have worked with incredibly talented and dedicated people who have challenged me to think in new and different ways and taught me more than they will ever know. Thank you!

Being a rabbi and a mom of two young girls is not an easy juggling act. While all of the “balls” always stay in the air, it takes help from others to keep them all going. Jeremy, thank you for helping me be the best mom and rabbi that I can be. Thank you for juggling with me. I could not have done this without your support and love.

I am forever grateful for the opportunity to have been a part of this extraordinary synagogue and to be counted as one of the rabbis of the Westchester Jewish Center Community. My family and I will be moving to New Jersey at the end of June to begin the next chapter of our lives. We look forward to the next few months together and hope that you will come visit us in Woodcliff Lake.

In Memoriam
Our congregation mourns the passing of our member and friend
Alfred Weissman. His was a life of tzedakah and caring. Alfred’s dedication to the synagogue, to Israel and to assuring the future of Jewish life was an inspiration and will surely be missed. Our condolences are extended to his wife Constance, his son Alan and to the entire family.

WJC’s Cantorial Celebration!
Wednesday, May 18th, 2016
7:30pm-9:30pm

Come one, come all for an evening of song and celebration on the occasion of the ordination of Cantors Ethan Goldberg and Shoshi Rosenbaum. Join the WJC family and friends in congratulating them as they graduate from the Miller Cantorial School at the Jewish Theological Seminary.

Share WJC with Friends

Have a friend who has just moved into the neighborhood in search of a synagogue, early childhood school, or religious school? Refer them to Westchester Jewish Center. Contact Gail Marcus, WJC President at president@wjcenter.org and we’ll provide your friend directly with more information about the great programming and membership at WJC.
Dear Congregants,

This is my penultimate column as WJC President - a role that, as a child I never anticipated for a moment. I don't think I even knew synagogues had presidents! But even more surprising to me as my three year tenure comes to an end, is that I've also become a regular observer of Shabbat. Keeping the Sabbath in my fashion is not something I anticipated, or planned. It's just happened, and comparatively recently, too.

Yes, we tried to do Shabbat dinners on Friday nights while our kids were growing up, because we liked the idea of family rituals. But we missed many Fridays for other obligations - Shabbat dinner was not always first on the priority list. Observing Shabbat on Saturdays wasn't even on the radar screen, which I know is true for most of our members with younger children. Sports, if nothing else, took priority, and the ability to put other options above Jewish ones was part of what being a Conservative Jew meant to me: I had the freedom to follow tradition as I chose, while at the same time I could participate fully in secular American life. Suburban life meant that our kids participated in team sports on Saturdays. We got them to Sunday school, and then also to Hebrew School and even to Hebrew High School, but rarely to Shabbat services.

Celebrating first a Bat and then a Bar Mitzvah with our children, family and friends was the next step in our move toward Shabbat observance. We found preparing to read Torah - the music and the spirituality that - somewhat to my surprise - I was finding in them. Once I became WJC President, I was coming to Shabbat services not only for Marty, but also for the shul, since you can be a more effective President if you're around on Shabbat. Besides, it's a pleasure and honor to greet everyone after services end.

Now, as my term of office as President is about to end, I've discovered that I've come to love Shabbat for myself, and not just as a marital or communal obligation. I've grown to love the routine we've developed - services, kiddush, and then down time - in my case, most weeks, a nice Saturday afternoon nap! No cell phone, no emails. That started because it seemed improper to do synagogue emails on Shabbat - and leaving emails alone entirely began to creep into my Shabbat observance. Almost imperceptibly, my joy in the shalom of Shabbat has grown. Shabbat has become a day when I find real peace from the intensity of the rest of the week. I even get to daydream, and to remember to be grateful for my blessings. Who would have thought?! There's life - and new discoveries - after the kids have gone their own way. I've found a way to pray, meditate and sing in services that works for me. Precisely because my work and home life have bled together on my seductive electronic devices, truly celebrating Shabbat has become something precious, and it happens every week!

Finding richness in the Jewish Shabbat tradition and joy in sharing it at WJC has been a development I never expected to experience, especially after so many years - but I'm glad I have, and I'm particularly happy to be sharing it with so many of you, and our clergy at WJC.

Thank you. Even if Shabbat doesn't call to you, I hope that you try new ways of engaging yourself and perhaps some family members with our Center, through programs or committees or other services - and that you find yourself surprised, as I have been, by the meaning you discover in it.

Wishing you your own Shabbat Shalom, and hoping to greet you soon at services or some other occasion at WJC.

Best, Gail

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**Shabbat and Holiday Services**

(Please check weekly emails as programs and times are subject to change)

**Friday, May 6**

- *Kabbalat Shabbat* .................................................. 7:15pm
- *Torah Study* .......................................................... 8:45am
- *Shabbat Service* ..................................................... 9:30am
- *Mincha Ma’ariv* ..................................................... 7:45pm

**Friday, May 13**

- *Rhythm & Ruach* ..................................................... 7:00pm

**Saturday, May 14**

- *Torah Study* .......................................................... 8:45am
- *Bar Mitzvah of Ari Gebhardt* ................................. 9:30am
- *Mincha Bat Mitzvah of Jacobi Kandel* .................... 7:45pm

**Friday, May 20**

- *Kabbalat Shabbat* .................................................. 7:15pm

**Saturday, May 21**

- *Torah Study* .......................................................... 8:45am
- *Shabbat Service* ..................................................... 9:30am
- *Contemporary Service* ........................................... 10:15am
- *Mincha Ma’ariv* ..................................................... 7:45pm

**Friday, May 27**

- *Kabbalat Shabbat* .................................................. 7:15pm

**Saturday, May 28**

- *Shabbat Service* ..................................................... 9:30am
- *Mincha Ma’ariv* ..................................................... 8:00pm

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**Torah For Tots (ECC – K) * Jr. Congregation ( Grade K -2)**

* Youth Service (Grade 3 -6) begin at 10:45am

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**Daily Minyan in the Allen A. Stein Memorial Chapel**

Monday through Thursday mornings at 7:00am & evenings at 7:30pm

- Fridays at 7:00am and Sundown

Sundays and Legal Holidays at 8:30am & 7:30pm
Ari Gebhardt
Bar Mitzvah
May 14, 2016

Hi. My name is Ari Gebhardt. I’m a seventh grader at Highlands Middle School in White Plains. I like movies, especially learning about independent films, cinematography and screen writing. One of my favorite directors is Wes Anderson. I am also involved in Boy Scouts. I recently received the Ner Tamid Award with Rabbi Segelman’s assistance. I am on the school track team, cross country team, swim team, computer club and band (playing bass clarinet.)

I would like to thank Cantor Goldberg, Rabbi Segelman, and Rabbi Monosov for helping me prepare for my Bar Mitzvah. I would also like to thank my family for supporting me through this journey.

Join us at the Contemporary Shabbat Service with Cantor Ethan Goldberg, Shoshi Rosenbaum and Rabbi Loren Monosov...

WHAT?
The Contemporary Shabbat service is an abbreviated, casual, instrumental morning service filled with music, singing and special spiritual teachings.

WHERE?
In the Activity Center

WHEN?
Saturday, May 21st, 2016
10:15 a.m.-11:45 a.m.

Looking forward to seeing all of you there!

Jacobi Kandel
Bat Mitzvah
May 14, 2016

Hi! My name is Jacobi Kandel. I am 12 years old and a 7th grader at Hommocks Middle School. I enjoy playing soccer, lacrosse, tennis and skiing. This year I participated on the field hockey and lacrosse teams for my school. My favorite subjects are science and Chinese.

Every summer, I attend a sleep away camp, Cape Cod Sea Camps, on Cape Cod, Massachusetts. At camp, I sail, hang out at the beach with my friends, play sports, and participate in art. I am very excited to see my camp friends at my Bat Mitzvah. I have a younger sister, Mischa, who also attends camp with me.

This year, my extended family and I traveled to Israel. I learned a lot and it was a meaningful experience to have during my Bat Mitzvah year.

I started at WJC when I was a one year-old in Mommy and Me. I have made a lot of friends and am grateful for the support that all my WJC teachers have given me over the years. I would like to thank Cantor Goldberg for teaching me my Torah portion. I would also like to thank Rabbi Monosov for helping me with my D’var Torah and Rabbi Segelmen for his guidance. A huge thank you to my Mom and Dad for their constant support. I cannot wait for my special day!

A great year for the Youth @ WJC!

AIZA KULP, EDUCATION DIRECTOR & CONGREGATION PROGRAM COORDINATOR

It is hard to believe that we are already beginning to plan events for next year for WJC children in Kindergarten-6th grade. I am thrilled that Darcy Spitzer will be returning as the advisor for Kindergarten, 1st and 2nd grade and Amanda Phillips will join us as the advisor for Chaverim (3rd-6th grade).

We had a great year filled with fun events and next year will only be better! I hope all our children enjoyed various events including our LEGO party, Pancakes in Pajamas and MADE pottery event.

I look forward to another exciting year working together!

WJC children having fun at MADE pottery!

Richard Bardari

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Colors of Israel with PJ Library

Aleza Kulp, Education Director & Congregation Program Coordinator

A couple of months ago, I happened to catch on Facebook, a video of an artist from London, Solomon Souza, who was painting the shutters of Machane Yehuda, the outside market in Jerusalem. Along with Israeli Berel Hahn, Souza turned the shutters into a canvas and is working on completing over 300 shutters throughout the market. Souza says in his video, “The goal has been to bring together with color all the universal aspects of our culture including portraits of rabbis, historians, freedom fighters, teachers, entertainers, and heroes.”

While watching this movie and seeing the amazing bursts of color, I was reminded of the PJ Library book, The Colors of Israel, by Rachel Raz. Just as the paintings at Machene Yehuda teach us about Israel, this book shares with children the look and feel of Israel, its culture, amazing food and various parts of Israel. It is a great way for each of us, parents and children, to learn about Israel and stay connected.

Religious School 7th Grade Graduation

Aleza Kulp, Education Director & Congregation Program Coordinator

On Shabbat, May 7th our community will celebrate the graduation of Kitah Zayin students. We wish our Religious School families Mazel Tov and look forward to seeing our teenagers continue their Jewish Education next year in Hebrew High.

We wish a mazel tov to our Kitah Zayin graduates.

Elissa Berger  Jacobi Kandel
Remi Cohen  Jessica Kaplan
Leah Colin  Maya Kennedy
Avi Farkas  Noah Kingsley
Jenna Lynn Ferraro  Madeline Konvisser
Olivia Fink  Bradley Magram
Maia Glazer  Gabriel Miller
Daniel Green  Halle Myers
Joshua Greenberg  Max Myers
Sydney Grodin  Kate Solomon
Isabella Halperin  Sonia Suben
Calle Harwin  Emma Thorpe
Seth Jacobson  Sophie Thorpe
Spencer Wolff
Passover Charity
SABRINA LANDAU, EARLY CHILDHOOD DIRECTOR

Each year on Seder night, we read in the Hagaddah the words: “Kol Dichfin Yetei V’Yeichal; Kol Ditzrich Yetei V’Yiftach - All who are hungry let them come and eat; all who are in need, let them come and celebrate Pesach.” In our ECC, the message of helping those in need is one that is taught throughout the year in all that we do. Each Friday, we collect tzedakah (money for charity) and discuss those who would benefit from the money and what it can buy. At Hanukkah time, we collect toys for the sick children in hospitals. In March, we participated in the Cereal Drive for the food pantry.

For the weeks leading up to Passover, the ECC, along with with the rest of the WJC congregation, collected food to help feed the poor, elderly Jews of the Lower East Side and the Bronx through “Project Ezra.” Under the leadership of Sharon Silver, our 4 year old classes and Pre-K students helped sort the items collected into boxes to get ready for delivery. Actively participating in this special mitzvah takes the lesson of charity from the theoretical to something tangible and meaningful.
**Hey Teens!**  
**SHOSHI ROSENBAUM, TEEN ENGAGEMENT DIRECTOR**

Calling all 7th to 12th graders (and their parents): Add “Shoshi Wjc” on Facebook and “wjc_teens” on Instagram, and check your inboxes to stay updated!

**Here are some highlights of the Teen Community from April:**
- Teens helped deliver packages in the Bronx on April 10
- Hebrew High Students had a tour and discussion of the exhibit in our gallery
- Our Teen Leadership Board has been meeting weekly to prepare for the upcoming year!

**Keep your eyes open for:**
- Hebrew High application for the upcoming school year
- Israel Essay Scholarship open to all 10th-12th graders at WJC.

For more information, please contact Shoshi.

**And here’s what’s going on in May—I hope you’ll join us!**

- **5/1:** Rosh Hodesh for 7th Grade Girls—5-7PM
- **5/3:** **Teen Tuesday** and Hebrew High—After School-8PM
  - 8th Grade: Jewish Values Debate, Current Events with Rabbi Segelman
  - 9th Grade: Current Events with Rabbi Segelman, Jewish Values Debate
  - 10th Grade: Rosh Hodesh
- **5/10:** Hebrew High—6PM-8PM
  - 8th and 9th Grade Boys: Shevet Achim with Cantor Goldberg
  - 8th and 9th Grade Girls: Rosh Hodesh with Rabbi Monosov
- **5/14:** Last Teen Schmooze—10:30AM-12PM

**5/15:** Community Yom Ha’atzmaut Celebration—4PM-6PM
Screening of an Israeli film and eating Israeli snacks.

**Week of 5/16:** Hebrew High Graduation

**5/22:** Closing Events

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**Suggest a Scholar-in-Residence for 2017!**  
**Adult Ed Committee Seeks your input!**  
**HEATHER TAFFET GOLD & MYRA GLAJCHEN, CO-CHAIRS**

The Adult Education Committee is accepting proposals for the 2017 Scholar-in-Residence program. Please submit scholar names with 1) a brief explanation of expertise, 2) contact information, including webpage, and 3) whether you have a personal connection that might be useful for contacting potential scholars. Finally, we encourage diversity of all kinds, as you think about types of scholars we may never have invited previously. Please submit proposals to Heather Taffet Gold (heathergold@hotmail.com) and/or Myra Glajchen (mglajchen@gmail.com) for consideration by Sunday, May 15, 2016. Thank you.
Passover in Pictures!
Sharon Silver & Sondra Levy, Social Action Committee

With the support, help and leadership from our Early Childhood Center, Religious Schools, WJC Communications, Office staff, Custodial staff, Scholar-in-Residence and Dinner Dance Committees, student sorters and packers, congregational packers and drivers and the wonderful generosity of the WJC congregants, we were able to provide Kosher food for many elderly, needy and infirm Jews to allow them to keep Passover in 2016. Thank you! Photos below depict seniors enjoying Model Seder and WJC students and adults packing.
Koslowe Gallery Spring Exhibition Opens June 2, 2016

AMY LEVINE-KENNEDY, CURATOR

The Koslowe Gallery is pleased to present its spring exhibition, “Meditations on Place,” with a new collaborator, the Jewish Art Salon. Artists Yona Verwer and Cynthia Beth Rubin, weave together the stories of the past and the present in layers of paint, photographs, video and recordings. Their collaborative project consists of digital prints, acrylic paint and augmented reality on canvas, with imagery reflecting the former Jewish immigrant neighborhood of New York’s Lower East Side mixed with traditional signs and motifs from existing and lost synagogues.

Using an iPad, the viewer triggers videos embedded in the artwork, embarking on a discovery process of experiencing the layered history of the Lower East Side.

During their shared and individual walks around the Lower East Side and visits to the traditional Stanton Street Shul, Verwer, the director of the Jewish Art Salon and Rubin, a professor of digital art, discovered multiple motifs and imagery they each found interesting, but for different reasons. While one focused on the geometric patterns of the traditional exterior fire escapes on the front of apartment buildings on the Lower East side, the other imagined people sitting on them on hot summer nights. Similarly, one responded to the symbolic meanings in the rare zodiac mural paintings in the Stanton Street Shul, while the other looked at the references to the landscape of Eastern Europe in the paintings themselves. This diversity of response is what made the collaboration so successful and interesting to observe.

About the artists:

Cynthia Beth Rubin (b. Rochester NY) is a new media artist whose works frequently evoke cultural memories and the imagined past by intertwining photographic elements in complex layers of representation and abstraction. Rubin’s work has been recognized internationally through exhibitions and film festivals, including the Jewish Museum in Prague, the Siberia State Art Museum, the Kyrgyzstan State Museum, and in Paris, New York, Toronto and Montreal. Rubin’s awards include multiple fellowships, the New England Foundation for the Arts, the Memorial Foundation for Jewish Culture and other awards, with artist residencies in France, Israel, Canada, and Scotland. She serves in advisory roles for multiple arts organizations including ISEA, the Jewish Art Salon, Art Kibbutz, and Knowledge Capital in Japan.

Yona Verwer (b. The Hague) is a Dutch-born artist working in New York. Her art explores identity, urban culture, tikkun olam and Kabbala. Her work has been featured in the New York Times, the New Yorker, the Huffington Post, the NY Daily News, the NY Jewish Week and the Jewish Press and has been shown and curated in numerous galleries and museums including the Yeshiva University Museum, the Philadelphia Museum of Jewish Art, Anne Frank Center USA, Center for Jewish History, the Mizel Museum, Reginald Lewis Museum of African-American Art, Canton Museum of Art and the Holocaust Memorial Center.

Verwer received critical acclaim for her “Urim & Tumim” paintings, as well as her “Tightrope” installation at New York’s Yeshiva University Museum. Her “Kabbala of Bling” series comments on the appropriation of Kabbala by pop icons. Her “City Charms” and “Temple Talismans” amulet prints invoke protection from acts of destruction on buildings, particularly terror-watch-list targets. Her mural work includes a large-scale “7 Days” installation at the SAR High School in Riverdale, NY. Verwer is the director/co-founder of the Jewish Art Salon and has lectured at The Jewish Museum, 14 St Y, the JCC Manhattan, the Isabelle Freedman Jewish Retreat Center, and many other venues. She serves on the advisory boards of Art Kibbutz-the International Jewish Artist Residency, Zeek - A Jewish Journal of Thought and Culture, Jewish Art Now, Art Sprinter and the Jewish Design Collective.

Please join us for a gallery reception and walk through to highlight the artists’ discoveries and inspirations on:

Thursday, June 2, 2016
7:45 pm
Koslowe Gallery
Westchester Jewish Center Lobby

BERKSHIRE HATHAWAY HomeServices
Ilene Bellovin
Licensed Real Estate Salesperson
ABR, e-Pro, SRES, Realtor
Westchester Properties
140 Chatsworth Avenue
Larchmont, New York 10538
914 834 7777 bus 914 275 7327 cell
ibellovin@bhhsWestchester.com
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Jessica Jacobson
phone: 917.373.3219
fax: 914.725.5210
jessica@jacobsonbradlow.com
www.jacobsonbradlow.com
21 Myrtledale Road
Scarsdale, New York 10583
Mandala, meaning ‘circle’, refers to symbols that are drawn, sketched or painted within a circle. When we draw a mandala, it lead us to an experience of wholeness. We focus on a central point within the symbol which radiates a symmetrical design.

Join us for an evening of self-expression, growth and spiritual transformation as we each create our own personal mandala.

$25 per person (all supplies provided) Make your reservations today by calling the WJC Main Office at (914) 698-2960 Contact Aleza Kulp at (914) 698-2960 or educdir@wjcenter.org for more information.

Intercastel Art Framing Studio

15% Discount

By appointment in
Larchmont
914 834-5737
Intercastel@AOL.com

Create Your Own Personal Mandala

Wednesdays, May 11, June 8, 15, 22
6:30 pm - 8:30 pm
Westchester Jewish Center
Mamaroneck, NY

RSVP to Rosie at adminasst@wjcenter.org or call the main office at (914) 698-2960
Always Something for Everyone @ WJC!
Grow it Green & Healthy this Year

Arlene Novich, Green Committee:

It’s time to get the lawn ready for spring and summer outdoor fun. Grow it green and healthy this year without poisonous pesticides. Mulch and leave grass clippings to help fertilize. Give composting a try! Planting native plants and edible gardens will make you and the birds and bees happy. And we need happy bees! Sheldrake Environmental Center and town and village environmental committees can provide helpful information.

And, of course, Spring is the season for parties and graduation events! Now that you have a green lawn, why not have a green event? Try a vegetarian meal with so many creative, delicious options available. A set of inexpensive reusable silverware and other reusable items as well as recycling as much as possible can help turn your event into a green event! And think of planting a tree in honor of the occasion. It doesn’t get any greener than that!

Recently our Religious School students in the Nature and Judaism elective helped plant a tree at WJC while some of the younger ones made their own terrarium with nature teacher, Gail Koller.
Run Your Own Race
Kavanaugh as delivered by Heather Segal at April Renewal Service

It was November 6, 1994, and there I was in Staten Island, stretching my legs before the start of the NYC Marathon, my first one. To my surprise, I heard someone shout, “Heather!” and lo & behold, there was Pam, a woman I had met at a business event a few months earlier. Pam invited me to run with her and her husband and I gladly joined them. Two minutes into the race, I realized that Pam and her husband run much faster than I do. I pushed myself to keep up, and after an exhausting 10 miles, told them to go on ahead.

Soon after, I hit the “wall,” that point in which you feel you can’t take another step. Unfortunately for me, I still had 11 long miles looming ahead. Those 11 miles took forever, and if it weren’t for Oprah Winfrey, I would have never finished. I had re-forever, and if it weren’t for Oprah Winfrey, miles looming ahead. Those 11 miles took which you feel you can’t take another step. completed my first marathon, I fin-
cally crawled across the finish line that day, ally, and after an exhausting 10 hours, I can beat that. And I did. I practi-
cally crawled across the finish line that day, along with my finish time: 4:59:53. And al-
though I did beat Oprah, instead of feeling

Let’s fast forward 20 years.

I’ve evolved from a runner into a triath-
lete, competing in long distance events in
which I swim, bike, and run, all in a row. I
started training with a group of local cy-
clists. The group was very serious about
their training – trying to go faster and lon-
ger with each training ride, making sure
they had the latest cycling gear, and com-
peting in more and in tougher races each
season. Although I really enjoyed the ca-
maraderie of the group, things didn’t feel quite right.

I started to reflect on what marathons and triathlons meant to me. One day I met a 70-year-old triathlete named Steve Jonas on a plane. Steve was a “slow and steady wins the race” kind of guy, and he had writ-
ten a book called Triathloning for Ordinary Mortals. Steve and his book inspired me to be true to myself.

My goal now when I compete in races is simple: to finish each race happily and healthily. More importantly, I use races as an opportunity to do a mitzvah, and to fund-
raise, as many of you know, for the Barth Syndrome Foundation.

I no longer train with my original cy-
cling group as their intense approach doesn’t match mine. I’ve been fortunate to find wonderful cycling buddies in the WJC community with Jacques Steinberg, Sharon Weinstock and Frank Julie. When we cy-
tle together, we’re very relaxed. It’s like we’re going out for coffee except we’re on
our bikes instead of sitting in Starbucks.

I’ve grown up a lot since that first NY
marathon in 1994, and have learned, final-
ly, to run my own race.

With Judaism, as I’ve raised my family, I also had to figure out that one out, too. Un-
like my upbringing, my kids don’t live in a completely Jewish environment. They don’t go to Jewish day school. They have friends of all religions.

I remember hearing my daughter Syd-
ney once describing someone as “really Jewish” as if there’s such a thing as a sliding
Jewish scale. I remember being struck by that phrase – can a person be really Jewish as opposed to a little Jewish? Is Rabbi Seg-
elman more Jewish than many of us in this room because he’s more observant? Are we more Jewish than our Jewish friends who never go to synagogue?

The beauty of Judaism is that there is no finishing time posted at the end of the
year saying who’s been the most Jewish.

Yet I want my kids to have – as I do – a strong Jewish identity, and to feel Jewish in
their bones.

So my husband Mark and I do what feels right for us.

We eat Shabbat dinner in the dining room as a family every Friday.

We light candles, sing prayers, and connect.

We send our kids to religious school and Hebrew High.

We sponsor a boy named Darwin who lives at an orphanage in Ecuador that we visited, and we write letters to him.

We go to shul on the high holidays.

We host seders.

We fast on Yom Kippur.

We give tzedakah and we do mitzvot.

I admit there are many things I could (and some of you might argue should) do to be a better Jew; to be, as my kids might say, really Jewish. There are many things I could (and most triathletes would say should) do to be a better triathlete.

And yet, I’m comfortable with the level of Judaism that my family and I observe. And I’m also secure with my “slow but steady” performance in triathlons.

It’s taken me a while to get here, but I’ve finally learned to run my own race, both as an athlete and as a Jew, and to feel really positive about it.

I hope that you can, too.
WJC Spring Gala
WJC Softball Returns, Rabbi Jeffrey Segelman Tosses “First Pitch”
Art Kaplan, Team Captain

On a 30 degree morning at 9 am on April 10 at Gillie Field in White Plains, the WJC Softball Team opened its 2016 WHSL season vs. a squad from Larchmont Temple. On hand to honor us by throwing out the first pitch was our Rabbi Jeffrey Segelman, who delivered a perfect pitch to catcher Richie Krasner. We’ve included a few pictures to commemorate the occasion; Lester Millman (outstanding team photographer) was unavailable, but the boys did their photographic best:

In picture 1, Rabbi seems to be thinking “they’re kidding me, it’s cold, what are we doing here?”

Picture 2 reflects the realization that “it’s a long toss from here to home plate”!

Picture 3 shows Rabbi’s perfect form (as always), ending up in a perfect strike.

Oh, yes…and the men from WJC successfully started the season with a resounding 10-1 victory….followed by a hot brunch! Come out and support your Team, and watch some great softball as we seek a fourth championship in 5 years. Here is the regular season schedule*:

April 17 vs. Beth El Chappaqua (Veterans Field in Ossining) We won 1-0!
May 1 vs. Beth El/New Rochelle (Flowers City Park on Fifth Avenue in New Rochelle)
May 8 vs. Beth El Chappaqua (Gillie Field #2 in White Plains)
May 15 vs. Temple Israel/New Rochelle (Flowers City Park on Fifth Avenue in New Rochelle)
May 22 vs. Temple Israel/New Rochelle (Gillie Field #2 in White Plains)
June 5 vs. Harrison (Crystal Street in Harrison)
June 19 vs. Temple Israel/White Plains (Gillie Field #1 in White Plains)
June 26 vs. Larchmont Temple (location TBD)
July 10 2 games at Gillie #2 in White Plains:
  vs. Congregation Sons of Israel
  vs. First Hebrew
July 17 vs. Woodlands (Bradhurst Field)
July 31 vs. B’nai B’rith (Rye Brook Field)
August 7 vs. Beth El/New Rochelle (Gillie Field #2 in White Plains)
August 21 vs. JCC Tarrytown ((Gillie Field #2 in White Plains)
August 28 vs. B’nai B’rith (Gillie Field #2 in White Plains)

*Gillie Field games begin at 9:00am; all others at 9:15am.

WELCOME TO WJC’S ISRAELI MOVIE NIGHT “WE ARE NOT ALONE” (דבלי אל והמותא)

Directed by Lior Har-Lev and starring Ohad Knoller, this 2012 film is an endearing, funny and mystical love story about two lost souls who find a way to each other’s hearts in the impersonal space of an indoor mall. The film is 90 minutes long, is in Hebrew with English subtitles, and is unrated.

Thursday, May 12, 2016 at 7:45 pm
In the Activity Center
Free to All – Invite Your Friends!

We will be serving coffee, tea and refreshments, including popcorn! ($5 donation to cover cost of refreshments is welcome and appreciated)

Please RSVP to Linda Alpert Karell at: LINDA@ALPERTMEDIATION.COM
Sponsored by the WJC Israel Committee
Sisterhood News
ILEEN GREENBERG & RAELIN KANTOR, CO-PRESIDENTS

We began April with our joint Sisterhood book club and a lively discussion of: The Bridal Chair: A Novel by Gloria Goldreich about the life of Ida Chagall, Marc Chagall’s daughter. We can safely say that we all came away with a very different opinion of the “French Artist,” Marc Chagall. Our next Larchmont Temple/WJC Sisterhood Book Club meeting will be this summer, Tuesday, July 19th at 8:00 pm. We will be reading Saving Sophie by Ronald Balson. It is our turn to host and would appreciate it if one of our members could offer to host. Please let us know.

We had a Joint Larchmont Temple/WJC Sisterhood event at the MAG (Mamaroneck Artists Guild) in Larchmont and were excited to see one of the paintings of our own Randi Klaber on display!

Sisterhood Mah Jongg Night is another big success, thanks to the great work of Debbie Katz. If anyone would like to do this more frequently, please let us know.

Please be sure to join us on: Tuesday, May 3rd for our 2nd annual Joint UJA/WJC and Larchmont Temple Sisterhoods event at MADE in Mamaroneck at 7:30 pm. Come and create a beautiful art project with us! We’re sure it will be a fun night.

May 17th Closing event – Day at the NY Botanical Gardens. We will meet mid-morning and head over to see the beautiful gardens in bloom and will even have a special tour and lunch. Contact Martine Wax at martinewax@waxonline.net.

We’re hoping that you all had an enjoyable Passover and were able to bring some hostess gifts from our shop to your Seder tables. Our gift shop is available by appointment or check the WJC website for hours: wjcenter.org. Contact Carol Fasman at; cgfasman@gmail.com to make an appointment for gifts for all occasions. Remember, as a Sisterhood member, you are entitled to a 10% discount (on regular priced goods) at the Sisterhood Gift Shop!

Want to honor someone? Sisterhood Tree of Life is a wonderful way to do so. Please check it out on the wall by the Sisterhood Gift Shop. We now have plenty of leaves waiting for commemorations. Contact Susan Levy for more information at sl16@aol.com or pick up a card from the tree.

WJC Sisterhood is for all of us… women of any age, who work part time, full time or not at all. We have a responsibility to our community & want to fulfill this by continuing to expand our membership. Sisterhood helps to create friendships while helping our synagogue, & we have fun doing it!

If you have any questions, please contact, Raelin Kantor at rfkantor@gmail.com or Ileen Greenberg at ileen@optonline.net.

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From Sarene Shanus & Harold Treiber
Carol & Steven Fasman
Samuel Raskin
From Sarene Shanus & Harold Treiber
Phyllis London
From Carol & Steven Fasman

In honor of...
The Purimshpiel
From Cindy & Randy Heller

In memory of...
Purim
From Kenneth Wachtell

In appreciation of the Purimshpiel
From Cara & Larry Iason

In memory of...
Alfred Weissman
From Tecton Architects P.C.
Jeffrey Wyszynski

Comfy Spaces Fund
In memory of...
Dan Zodikoff
From Rita Alterman

Judaica Gallery Fund
In memory of...
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Religious School
Enhancement Fund
In memory of...
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From Howard & Fran Loewenstein
Juliet & Josh Konvisser
H. Dan Corbin
From Aleza Kulp & Family

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In honor of...
Rachel Maya Kennedy’s Bat Mitzvah
From Amy Levine Kennedy & Kostya Kennedy
the B’nai Mitzvah of Emma & Sophie Thorpe
From Jessica & Ian Thorpe

General Fund
In honor of...
Leading the Purimshpiel
From Cindy & Randy Heller

In memory of...
Purim
From Kenneth Wachtell

In appreciation of the Purimshpiel
From Cara & Larry Iason

In memory of...
Alfred Weissman
From Randi & Adam Klaber
Charles Meyer
From Randi & Adam Klaber
Claire Meadow
From Randi & Adam Klaber

In memory of...
Sidney Rosen
From Shirley & Lenny Queen
Claire Meadow
From Carol & Steven Fasman
Morty Kotkin
From Carol & Steven Fasman
Ruth & Stephen Hendel
Eleanor Fleisch
Carol & Steven Fasman
H. Dan Corbin
From Ruth & Stephen Hendel
Arnold Aaron
From Shirley & Lenny Queen

Library Fund
In honor of...
the engagement of Rebecca Weintraub to Jeremy Edelman
from Shirley & Lenny Queen
Justin Milo Murray
From Nina & Mel Meltzer
Beatrice Betty Weissman
the engagement of Josh Lavine & Rikki Brukner
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From Beatrice Betty Weissman

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Edie & Sheldon Blatt
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From Meira & Tom Fleisch
Phyllis London
From Meira & Tom Fleisch
H. Dan Corbin
From Meira & Tom Fleisch
Claire Meadow
From Meira & Tom Fleisch
Arnold Aaron
From Meira & Tom Fleisch
Albert & Jodi Sassoon
Jacob Levy
From Beatrice Betty Weissman
Samuel Raskin
From Cindy & Randy Heller
Fern & Myron Tannenbaum
Sandra Lewen
From Susan & Barry Lewen
Pauline & Isaac Israel
From Jackie & Sol Israel
Rose Abrams
From Marilyn Weisbrot & Ira Abrams
Isidor Wunsch
From Marilyn Weisbrot & Ira Abrams
Joseph Mandel
From Madeleine Tiktin
Thomas N. Schoefer
From Madeleine Tiktin
Rebecca Mandel
From Madeleine Tiktin
Ford Goldman
From Claudia Kandel
Nechama Neizni
From Hana Green
Maurice J. Mettel
From Sheila Freiman
Esther Merl
From Carol Merl
Max Merl
From Carol Merl
Mollie Englander
From Alden Englander
Judith Goldfarb
From Jackie Israel
Francine Berk
From Susan Brecher

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In memory of...
Alfred Weissman
From Jackie & Sol Israel

Passover Fund

In memory of...
Leonard Nanus
From David Nanus & Bonnie Silverman

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Karen & David Everett
Rosa & Laurence Farkas
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Laraine & Alan Fischer
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Fera & Myron Tannenbaum
Heidi & Michael Weiss
Judith & Howard Zweig

Social Action Fund

In honor of...
the upcoming marriage of Sophie Glass to Jonah Fruchter
From Ritchie, Lisa & Margot Zeitoun

Kiddush Fund

In honor of...
the birth of Justin Milo Murray
From Sheila & Martin Freiman
Ritchie, Lisa & Margot Zeitoun
With best wishes to Rabbi Monosov
From Susan & Ralph Sansolo

In memory of...
Arnold Aaron
From Sarene Shanus & Harold Treiber
Malka & Eli Varon
From Susan & Ralph Sansolo
Leo Crandall
From Morton Crandall
Meyer Markowitz
From Miriam Crandall

Ethiopian Immigrant Fund

In memory of...
Ahn Reiss
From Marty & Glenna Bloom

Rabbi’s Discretionary Fund

In honor of...
Rabbi Monosov
From Julia Steinmetz
The Moskowitz Family
the birth of Justin Milo Murray
from Bernice Rosenthal
Maya Rachel Kennedy’s Bat Mitzvah
From Amy Levine Kennedy &
Kostya Kennedy

In appreciation
From Judith & Howard Zweig

In memory of...
Arnold Aaron
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Jackie & Sol Israel
Sidney Rosen
From Barbara Epstein
Ruth Leaf
From Carol & Steven Fasman
Charles Meyer
From Carol & Steven Fasman
Kenneth Mandel
From Carol & Steven Fasman
Claire Meadow
From Marla & Bob Sassoon
Jerome & Shirley Schore
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Mitzi Scopp
From Leland Scopp
Irving Barish
From Stuart Barish

In memory of Arnold Aaron with
great appreciation for WJC’s support
during this difficult time
From Sydell S. Aaron

Dinner Dance Fund

In honor of...
Rabbi Monosov and Wendy & Yale Zoland
From Nina & Mel Meltzer
Sandy & Art Drescher
Katie McLoughlin & Roy Katz

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In memory of...
Alfred Weissman
From Stuart & Joan Schapiro

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Yahrzeits

According to our Memorial Tablets, the following Yahrzeits will be observed these months.

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<td>Marvin S. Winter</td>
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<td>Ethel Rich</td>
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May their memory be a blessing.
For more than a century, Jews the world over have looked to one organization to assist in the rescue, protection and movement of Jewish refugees and migrants. That organization is HIAS, the Hebrew Immigrant Aid Society. The migration arm of the American Jewish community, HIAS has reunited and resettled more than four million Jews since its mission began in 1880.

HIAS was founded by a group of Jewish immigrants from Czarist Russia who wanted to help fellow Russian Jews come to the U.S. One of these founders was the famed Jewish orator and activist, Rev. Zvi Hirsch Masliansky - Masliansky is the grandfather of HIAS Vice President Edward Weinberg, a member and past president of the Westchester Jewish Center. Through his inspirational speeches to newcomers at Ellis Island (where HIAS maintained a bureau to assist immigrants), Masliansky welcomed Jewish refugees upon their arrival to the “Golden Land.” In 1972, HIAS created the annual Zvi Hirsch Masliansky Award to honor this great man and his lasting contribution to the Jewish people.

In its early years, HIAS provided shelter, meals, transportation and employment counseling to new arrivals. As violence against Jews escalated throughout Eastern Europe and elsewhere in the world, HIAS sharpened its focus to providing rescue and migration-related services to Jews at risk in their native lands.

Today the agency continues to play a vital role in the refugee’s journey from oppression to freedom. HIAS is currently helping to process the immigration wave of Jews from the former Soviet Union, and in this year alone expects to assist up to 38,000 Soviet Jews to begin new lives in safety and dignity in the U.S. This assistance has been especially crucial in recent times, as the continuing instability and outspoken anti-Semitism in the former Soviet republics make the future for Jews there more uncertain.

HIAS is a beneficiary of UJA-Federation of Greater New York, Inc, and Jewish organizations across the country. As a member organization, HIAS also receives important financial support from its members nationwide, which increases its effectiveness in lobbying for the rights of Jewish refugees and migrants, in Congress as well as in state legislatures. For information on becoming a HIAS member, please contact the Membership Services Department at 212-967-4100.
**Synagogue Family**

Mazel Tov & Best Wishes to Beverly Cannold and Scott & Gail Cannold on the marriage of her granddaughter and their daughter, Julie to Michael Biblowit...Marla & Rabbi Jeffrey Segelman on the birth of a granddaughter, Ella, to Elisha & Rabbi Elan Segelman...Marc & Linda Alpert Karell on the engagement of their son Daniel to Hannah Hudson...Cheryl Winter Lewy on being honored by the Jewish Women’s Foundation of New York at their Benefit Luncheon....Rina Beder and Sari Winter (former ECC Auxiliary Chair) on receiving the endorsement of the Mamaroneck School Board of Education’s Selection Committee as a candidate for the Mamaroneck Board of Education election to take place on Tuesday, May 17.

**Condolences**

Our deepest sympathy is extended to Constance Weissman and Alan Weissman on the loss of her husband, his father and our WJC member, Alfred Weissman... Our deepest sympathy is extended to Allan Green on the loss of his mother, Helen Green.

---

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Concert promptly 5:30pm-7:00pm

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Join their leaders for an evening of delight as they invite us to travel into the landscape of holiness and joy. Through chanting Psalms and Song of Songs with original melodies and guided intentions, we will connect to the spirit and allow it to fill our hearts and uplift our souls.

For more information and to reserve your tickets now, contact Rosie in the WJC office: adminasst@wjcenter.org or call (914) 698-2960.