

ECC Extended Day Program Guide for 3s & 4s

Our extended day program offers children in the threes to stay until 1:30 and fours to stay until 2:30. Children that stay are grouped together as best as possible by age group and remain with WJC teachers until pick-up. They enjoy lunch with their friends, participate in their choice of elective for approximately 30-40 minutes and then return to the classroom for dismissal or additional play-time. Elective classes will meet for approximately 20 of the 24 or so extended day weeks.

Dance & Drum (Monday)

A legend at WJC, Shmulik Gov-Ari, acclaimed Israeli choreographer, has created a unique program designed to engage children's multiple intelligences to teach Hebrew, Judaic values, Israel & holidays. The program interweaves drums, flags, fabrics, newspapers and other props with dance & song in a fun engaging manner. This program has been used with tremendous success over the past twenty years in schools in Israel, the United States, Europe and Asia.



Holistic Kids (Tuesday)

The Holistic Kids program is designed to help children develop lifetime healthy habits and promote a genuine sense of wellness. To ensure that each child in this program has the greatest chance to understand and retain what is taught in the Holistic Kids sessions, each lesson is designed to be multi-sensory. Through stories, hands-on activities, fitness games, and whole food snacks, children are given the opportunity to practice healthy habits.



Tae Kwon Do (Tuesday)

Westchester Tae Kwon Do Academy specializes in teaching martial arts to children. A traditional Martial Arts program, the instructors are committed to helping each child achieve his or her full potential through martial arts training in an atmosphere of mutual respect. The goals of the program are to instill children's self-confidence and encourage physical fitness.



Artistree (Wednesday)

Artistree offers a performing arts program that combines acting, singing, dance & music. The focus of Artistree's instruction is to enhance the techniques required in all disciplines of theater and the arts. Artistree strives to foster a community where students can build their confidence and establish friendships in a supportive, fun, and nurturing environment.



GB Soccer Coaching (Wednesday)

GB Soccer is owned & operated by Ben Scott (Foster Soccer) qualified & certified by USSF, UEFA, FA, USC. This age appropriate, child centered soccer training program is designed to teach young children basic soccer skills in a non-competitive environment. Our aim is to inspire a love of the game by building confidence, fostering learning and having fun.



Mad Science (Thursday)

An all-time favorite, this program provides hands-on interactive and educational Science experiences which will give children a clear understanding of the scientific process and how science affects the world around them.



Yoga (Friday) *Note: this is a 1 hour program (12-1PM) and is priced accordingly.*

LeapSmart Yoga gives your child a fun and inventive approach to yoga through active games, music and props. Your child will gain body awareness, strength, flexibility, focus and relaxation. The imagery of Yoga is woven into a variety of creative and energetic activities that delight and challenge boys and girls such as Yoga obstacle courses, partnering and Yoga freeze dance! Younger as well as older preschoolers love the combination of both relaxing and active games taught by a certified LeapSmart instructor.



Happy Fit (Friday) This sports/fitness program will run from 12-1PM. *You will be notified by & register directly through Happy Fit.*