

HIGH HOLIDAY BOOKS ADULTS



Acoca, Rabbi Ilan. *The Sephardic Book of Why: A Guide to Sephardic Traditions and Customs.* 246, Aco
Overview of the customs and traditions of the Judeo-Spanish (Sephardic) Jews in terms of prayer/liturgy, and cultural contributions.

Cardin, Rabbi Nina Beth. *The Tapestry of Jewish Time: A Spiritual Guide to Holidays and Life Cycle Events.* 240, Car
Information about the spiritual and historical roots of Jewish holidays and life-cycle events by intertwining Judaism's traditional rituals with contemporary innovations.

Falk, Marcia. *The Days Between: Blessings, Poems, and Directions of the Heart for the Jewish High Holiday Season.* 242, Fal
New English and Hebrew prayers and reflections for Rosh Hashanah, Yom Kippur, and the days between them.

Gershon, Rabbi Stuart Weinberg. *Kol Nidrei: Its Origin, Development, and Significance.* 262.2, Ger
Explains the origins and halakhic basis of Kol Nidrei, the way it functions in modern times, and the debates over the centuries.

Goodman, Philip. *The Yom Kippur Anthology.* 242.4, Goo
Collected Jewish writings from scripture to literature and art for all ages.

Goodman, Philip. *The Rosh Hashanah Anthology.* 242.1, Goo
Collected Jewish Writings from scripture to literature and art for all ages.

Hammer, Reuven. *Entering the High Holy Days: A Guide to Their History, Prayers, and Themes.* 242, Ham
Provides historical background and interprets the ideas, practices, and liturgy that lend contemporary relevance to the holidays.

Hoffman, Rabbi Lawrence. *All These Vows: Kol Nidre.* 262.2, Hof
Provides the history and authorship of this medieval Aramaic prayer from the viewpoints of the ancient Rabbis and modern theologians, and Biblical, mystical, Talmudic, feminist, and personal perspectives.

Hoffman, Rabbi Lawrence. *Who By Fire, Who By Water: Un'taneh Tokef.* 262.2, Hof

The author explores the profound, perplexing and persuasive power of this prayer. Features the traditional Hebrew text with a new translation.

Isaacs, Ronald. *Every Person's Guide to the High Holy Days. 242, Isa*
Provides home and synagogue observances, customs, and overall guide to the holidays.

Lew, Rabbi Alan. *This is Real and You are Completely Unprepared: The Days of Awe as a Journey of Transformation. 242, Lew*

The author marks out seven distinct stages that draw on the holiday rituals to awaken our souls and wholly transform us using Torah readings, Buddhist parables, Jewish fables, and stories from his own life.

Olitzky, Rabbi Kerry and Rabbi Rachel Sabath. *Preparing Your Heart for the High Holidays: A Guided Journal. 242, Oli*

Written to connect people with the spiritual rhythm of this time of the year. Directs the reader inward to take a moral and spiritual inventory.

Segelman, Rabbi Jeffrey. *Letters to My Children: Yom Kippur Sermons Westchester Jewish Center 1987-2019. 264, Seg*

Each Yom Kippur Rabbi Segelman read a letter to the Westchester Jewish Center congregation that served as a window on his heart and his soul. The letters, while addressed to his children, touched on great themes and delivered valuable wisdom.

Segal, Eliezer. *Holidays, History, and Halakhah. 240, Seg*

An anthology of essays about Jewish holidays and other calendar events spiced with humor and the tension between loyalty to the heritage and relevance to the time in history.

Seidman, Hillel. *The Glory of the Jewish Holidays. 240, Sei*

This treasury of information on Jewish tradition, customs, law, history, and philosophy is complemented by Jewish art.

Steinberg, Paul. *Celebrating the Jewish Year: The Fall Holidays Rosh Hashanah, Yom Kippur, Sukkot. 240, STE*

Learn the origins of the holidays, the season's themes, and new ways to celebrate. Contains primary sources, poems, prayers, rituals and stories.

Strassfeld, Michael. *The Jewish Holidays: A Guide & Commentary. 240, Str*

Comprehensive and authoritative guide to the practice and meaning of these special days of the year. Weaves traditional and contemporary, the communal and the individual, and the letter and the spirit.

Waskow, Arthur. *Seasons of Our Joy: A Celebration of Modern Jewish Renewal, A Creative Guide to the Jewish Holidays. 240, Was*

This book is about the circle of the year, festivals built upon the cycles of the sun and moon and written from the standpoint of Jewish renewal.